



NJ House of Delegates- NJ COACHES REPS Reports

5/20/2024

Goals for NJ Coaches Reps and Actions

- Jon and Sandra have been actively using the NJSwim Coaches Connection Facebook Group to post news and upcoming events.
 - Jon and Sandra have been using the NJ Coaches Rep email to blast out news and events
 - We had our first open coaches zoom on 2-19-24 at noon with 18 coaches participating. We will hold more in the near future.
 - Jon and Sandra are attempting to reach out to as many coaches on the pool deck while at meets, to increase visibility and engage the new and younger coaches.
 - Ideas going forward to increase coaches rep visibility, representation of all coaches voices, increase positive relations and experiences of NJ Coaches.
- *see below for ideas USA Swimming

USA Swimming LSC coaches rep meeting held via zoom 4-16-24 Both Jon and Sandra attended the zoom meeting held by USA Swimming. Mostly discussed within breakout rooms and together were comparisons on how each LSC connects with their coaches. Jon and Sandra seem to be on the positive end of the spectrum with communications in multiple mediums. Also discussed was job descriptions of the Coaches reps from all the LSCs.
Eastern Zone Coalition

USA Swimming Leadership Monthly meetings have been attended by both Jon and Sandra to promote positive change for all of USA Swimming. Hottest topic right now is "Block Party" Meets which are in trials now. These are meets that would be akin to a rec meet where times would go into SWIMS but could not be used as a sectionals or above qualifying time. Requirements for these meets are much simpler than a full sanction. Look out for more on this, assuming the test meets go well.



Jon and Sandra have also worked very closely with Tech Planning and hope that all coaches do the same. This is the committee that guides our championship meets and it is such a crucial part of NJ Swimming.

Sandra continues to work with representatives from other Eastern Zone coaches to visit the format of the upcoming EZ SC zone meets and report back to NJS. While at the recent EZ AG championship, Sandra and Marci decided to hand out a short survey via QR code to all the coaches on deck (appx 120) representing all 11 LSC's in the EZ. The results will be discussed at our next mtg. At this past meet, teams were limited to a ratio of coaches per athlete. There were a few issues noted but taken care of on deck.

*Jon and Sandra brainstormed numerous ideas for increasing more positive relations and representation for the NJ coaches going forward.

Annual or semi-annual coaches social. This could look like a formal dinner and awards ceremony to a picnic or tavern meet up mid-year. The formal dinner could look like golden goggles with awards chosen by their peers for AG coach of the year, Sportsmanship award, spirit award. club meet host, official of the year, athlete leadership award

Coaches swag (bag tags, t-shirts, pin, stickers) Possibly to those that attend meetings to increase participation

Respectfully submitted, Jon Seigel – NJ Sr. Coaches Rep Sandra Franc – NJ Jr. Coaches Rep
