

## New Jersey Swimming APPRENTICE STARTER OBSERVATION

**Official's Name:**

	Meet/Date/Session #	Mentor (print name)		
Session 1				
Session 2				
Session 3				
Session 4				
<b>Apprenticeship Requirements</b>				
	USA Swimming Member			
	Certified Stroke & Turn Judge for a minimum of 3 months. Worked at least 4 sessions at a minimum of 2 meets since ST certification.			
	Attend Starter training clinic			
	Apprentice as Starter for at least 4 training sessions, over 2 meets with 2 trainers.			
	Pass the USA Swimming Starter online certification test with score of 80% or more.			
<b>Performance Requirements for Certification</b>				
<p>Evaluated during each apprentice session and use MR sign-off for each session.            1-At level of certified Starter, 2- On track for certification (successful performance), 3 - In need of additional work,            N/A - Not demonstrated</p>				
S1	S2	S3	S4	<b>Pre-Session</b>
				Arrives on-time, prepared with necessary personal equipment and properly & professionally attired
				Preparation: Verifies that starting equipment is operating correctly prior to session start
				Reviews false start protocol with DR
				Gives a clear and complete timer briefing
S1	S2	S3	S4	<b>During Session</b>
				Knows and applies the rules for starting
				Establishes a comfortable starting position on deck for both forward and back starts
				Demonstrates ability to communicate and interact with the DR (positioning, inserting swimmers, etc...)
				Prepared and in position prior to each heat; comfortable holding microphone and securing cord
				Delivers TYM calmly, conversationally, and with necessary volume
				Shows PATIENCE before delivering TYM and starting signal
				Maintains poise and focus
				Demonstrates both forward and backstroke starts
				Accurately recognizes false starts when they occur

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				Understands and practices the False Start Protocol
				Uses the "Stand" command appropriately
				Handles in-the-water/from the deck starts
				Understands the use of Other Commands
				Demonstrates the start for a hearing impaired swimmer
				Understands how to start swimmers with disabilities
				Takes and provides order of finish
				Understands how to count for distance events and when to ring bell
S1	S2	S3	S4	<b>Other Items</b>
				Is willing to take suggestions and modify performance as requested
				Adjusts well to unexpected or unusual circumstances
				Understands performance criteria as outlined in Starter Professional Document
				Understands USA Swimming Safe Sport and MAAPP rules.
<b>Comments Session 1</b>				
<b>Signature of MR (session 1)</b>				
<b>Comments Session 2</b>				
<b>Signature of MR (session 2)</b>				
<b>Comments Session 3</b>				
<b>Signature of MR (session 3)</b>				
<b>Comments Session 4</b>				

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Signature of MR (session 4)

### Recommend Certification as Starter

*Certification must be complete within one year of the SR clinic.*

*Understands need to return completed evaluation form to the official's LSC Officials Chair or designee.*

### STARTER CERTIFICATION

#### DEFINITIONS

**Certifier:** An official designated by the LSC OC to certify training is complete.

**Clinic:** Formal in person or online training clinic, recorded in Officials Tracking System (OTS).

**Certification:** Stroke & Turn able to officiate at all LSC meets.

**Satisfactory Performance:** Able to demonstrate Performance Requirements. Deficiencies must be provided by LSC OC or designee in writing to the affected official with an Action Plan to success.

**Sessions:** At USA Swimming sanctioned or approved meets, recorded in OTS.

**Trainer:** Designated by the Referee at a meet or LSC OC, an official who has been USA Swimming certified in the position for 1+ year. If a 1+ year experienced official is not on deck, the Referee may select the most experienced certified official(s) to be a trainer(s).

**Training Sessions:** Meet sessions that include strokes and/or relays. Time Trials and Freestyle Only sessions may not count toward training session requirements. Sessions shall be recorded in OTS.

**USA Swimming Member:** Completed all USAS member associated requirements before on deck apprenticeship.

### STARTER RECERTIFICATION EVERY 3 YEARS

Be a current non-athlete member of USA Swimming in good standing.

Work at least 8 sessions, within a 3 year period, as a Starter

Attend clinic (recommend Starter Clinic) every 3 years

USA Swimming recertification test every 3 years for the highest certification held

Satisfactory performance