# New Jersey Swimming APPRENTICE STROKE AND TURN OBSERVATION

### **Official's Name:**

				Meet/Date/Session #	Mentor (print name)		
Session 1							
Session 2							
Session 3							
Session 4							
				Apprenticeship Requ	irements		
				USA Swimming Member			
				Attend a Stroke and Turn clinic			
				<ul> <li>Apprentice as a Stroke and Turn Judge for at least 4 training sessions at a minimum of 2 meets with a trainer. OR Coach or Athlete members with 5+ years USA Swimming experience shall apprentice as a Stroke and Turn Judge for at least 2 training sessions with a trainer.</li> <li>Pass the USA Swimming ST Certification test with an 80%</li> </ul>			
				-			
	Performance Requirements for Certification Evaluated during each apprentice session and use MR sign-off for each session. 1-At level of certified ST Judge, 2- On track for certification (successful performance), 3 - In need of additional work, N/A - Not demonstrated						
S1	S2	S3	S4				
				Arrives on time, prepared with necessar uniform.	y personal equipment, in proper and professional		
				Is respectful of other officials, coaches, r	neet volunteers, spectators, and athletes.		
				Understands and applies proper position	ning on deck.		
				Understands and applies communicated			
				Understands and applies the rules for th	e start, stroke, kick, turn, and finish for butterfly.		
				Understands and applies the rules for th backstroke.	e start, stroke, kick, turn, and finish for		
				Understands and applies the rules for th breaststroke.	e start, stroke, kick, turn, and finish for		
				Understands and applies the rules for th	e start, stroke, kicks, turn, and finish for freestyle.		
				Understands and applies the rules for in	dividual medley.		
				Understands and applies the rules for re	lays.		
				Is comfortable making calls as appropria appropriate.	te and also understands when a call is not		
				Can correctly communicate a disqualific Swimming rulebook language.	ation and what was observed using USA		
S1	S2	S3	S4	Other Items			
				Always gives the swimmer the benefit o	f the doubt.		
				Understands performance criteria as ou	tlined in Stroke and Turn Professional Document		
				Understands USA Swimming Safe Sport	and MAAPP rules.		

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Comments Session 1				
Signature of MR (session 1)				
Comments Session 2				
Signature of MR (session 2)				
Comments Session 3				
Signature of MR (session 3)				
Comments Session 4				
Signature of MR (session 4)				

# STROKE AND TURN CERTIFICATION

#### DEFINITIONS

**Certifier:** An official designated by the LSC OC to certify training is complete.

Clinic: Formal in person or online training clinic, recorded in Officials Tracking System (OTS).

Certification: Stroke & Turn able to officiate at all LSC meets.

**Satisfactory Performance:** Able to demonstrate Performance Requirements. Deficiencies must be provided by LSC OC or designee in writing to the affected official with an Action Plan to success.

Sessions: At USA Swimming sanctioned or approved meets, recorded in OTS.

**Trainer:** Designated by the Referee at a meet or LSC OC, an official who has been USA Swimming certified in the position for 1+ year. If a 1+ year experienced official is not on deck, the Referee may select the most experienced certified official(s) to be a trainer(s).

**Training Sessions:** Meet sessions that include strokes and/or relays. Time Trials and Freestyle Only sessions may not count toward training session requirements. Sessions shall be recorded in OTS.

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**USA Swimming Member**: Completed all USAS member associated requirements before on deck apprenticeship.

# **Recommend Certification as STROKE AND TURN**

*Certification must be complete within one year of the Stroke and Turn clinic.* 

Understands need to return completed checklist form to the official's LSC Officials Chair or designee.

### **STROKE AND TURN RECERTIFICATION EVERY 3 YEARS**

Be a current non-athlete member of USA Swimming in good standing.
Worked a minimum of 8 sessions, within a 3-year period, at a minimum of 2 different meets
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Attend clinic every 3 years.
LISA Swimming recertification test every 3 years for the highest certification held
Satisfactory performance
in Stroke & Turn or higher capacity.         Attend clinic every 3 years.         USA Swimming recertification test every 3 years for the highest certification held.         Satisfactory performance